



***PRESS RELEASE***  
FOR IMMEDIATE RELEASE

**YORK CENTRAL HOSPITAL AND MD HEALTH MEDICAL RESEARCH INC.  
SIGN RESEARCH SERVICE AGREEMENT**

**Richmond Hill, Canada, June 3, 2009** – York Central Hospital and MD Health Medical Research Inc. are pleased to announce an agreement to promote and support research services at the hospital. The intention of this agreement is to provide an infrastructure for interested clinicians at York Central Hospital in all phases of clinical research including proposals, development, review, management, publication and/or presentation of research studies. MD Health® will provide research services to all clinical areas at York Central Hospital in an effort to increase the overall number of clinical trials being conducted and establish a more research-conducive environment. This affiliation will help the hospital meet one of its strategic objectives, to create a high performance culture. It will also help move the hospital towards its ultimate vision – to be the finest community hospital in Canada.

**About York Central Hospital**

York Central Hospital serves the population in southern York Region, a rapidly growing area in south-central Ontario which has recently surpassed 1 million inhabitants. The hospital provides compassionate, high quality and timely care to over 225,000 patients each year through its 8 Clinical Programs and 11 Medical Departments. The hospital is also home to the York Region Dialysis Program, the Regional Domestic Abuse and Sexual Assault Care program and the District Stroke Centre. In 2007/08, York Central Hospital was responsible for over 1200 days of medical student and resident training and also provided extensive learning opportunities for other students such as physiotherapists, medical laboratory technologists, occupational and respiratory therapists, nurses and others. The hospital is part of a research collaborative with York University and with them, and other organizations, is currently participating in about 40 studies. A Director of Medical Education and Research has been appointed by our medical staff to help raise the internal profile of the hospital's research activity and to provide support for those clinicians interested in education and/or research.

Over the past several years, York Central Hospital has undergone a major redevelopment project which has resulted in many significantly expanded physical facilities including new Labor and Delivery, Dialysis, Mental Health, Diagnostic Imaging, and Emergency areas. In addition, the hospital has embarked on a transformational journey to better position it in the evolving health care delivery system. These changes will allow for the expansion of its education and research activities, now and in the future.

"This agreement with MD Health will now take our clinical research to a new level," says Dr. Larry Grossman, the hospital's Chief of Staff. "It ensures that we remain on the cutting edge of medical practice."

**About MD Health®**

MD Health® Medical Research Inc. has been conducting clinical trials across North America and through its history has contracted with over 250 principal investigators in hospitals across North America, in trials ranging from Phase II to Phase IV. MD Health® has extensive experience in working with the pharmaceutical, biotechnology and medical device industries on a global-level, by managing and recruiting clinical studies in specific therapeutic areas. These large multi-national, multi-centre trials have allowed MD Health® to emerge as a premier research management organization.

“MD Health is proud to help York Central Hospital re-establish and expand the clinical research program they held just a few short years ago. Their commitment to education and research is a testament to the major redevelopment projects that are ongoing their today. We look forward to making an immediate impact and solidifying relationships with industry sponsors through various pipeline meetings.”

**-Domenic Trotta, President and CEO, MD Health Corporation**

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