



RETURN TO EDITION

## Share the Spirit of Care 5k Run/Walk

Last month the 2009 Share the Spirit of Care Run/Walk was held at Richmond Greens which featured a 5k Run/Walk and a 1k Scamper for children. with an estimated This highly anticipated community event was a great success with over 500 participants of runners and walkers of all ages. This was a great way to enjoy the spring season and support the York Central Hospital!

The Share the Spirit of Care 5k Run/Walk has raised over \$185,000 over the past three years. Proceeds have helped to fund state-of-the-art equipment and our new Breast Health Centre.

Monies raised this year will help fund a Birthing Suite within York Central's Family Birthing Centre. The new facility which opened in April 2007 includes eight Birthing Suites that feature the latest technology, home-like décor and private ensuite bathrooms. The medical team is fulfilling our commitment to provide the best care to expectant parents and their families.

Visit [www.yorkcentralrun.com](http://www.yorkcentralrun.com) for more information.



Denny from Brookside Place and Hilltop Place

