



For Immediate Release:
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York Central Hospital Unveils New Bistro

RICHMOND HILL, ON. – Today York Central Hospital unveiled a new and exciting dining concept that offers out patients, visitors, staff, and physicians and volunteers a much improved dining experience. The hospital's newest addition is the Central Bistro which offers made-to-order hot entrees, gourmet coffees and deli sandwiches, a delicious selection of fresh fruit and baked goods, a 20 foot salad bar and much more - all served in a welcoming and contemporary bistro atmosphere.

“Part of York Central Hospital's vision is to create a new kind of community hospital - one which improves community health through a holistic approach to wellness. To achieve that goal the Hospital, supported through its partnership with Sodexo Canada, has created a spacious and beautiful new Bistro so that patients, visitors and staff can enjoy a wide array of tasty and nutritious foods,” says Bill Whittaker, Vice President, Human Resources and Support Services for York Central Hospital.

The Central Bistro boasts a variety of delicious food and beverage choices. Here you will see made to order gourmet deli sandwiches, a café station with baked goods and assorted coffees, self serve salad bar and our Executive Chef's ready to serve and made to order entrees. We will also carry renowned brands such as Pizza Pizza and Booster Juice.

“We are excited to open the doors to this new dining facility with a variety of stations and healthy choices– which we believe is a terrific way to welcome the community to the hospital,” says Stephen Simms, Senior Vice President Healthcare for Sodexo Canada. “In addition to the Central Bistro located in the hospital's Langstaff Wing, in 2008, the Hospital opened a Tim Horton's Café in its Centre for Continuing Care and Rehabilitation.”

Following the lead of such facilities such as The Hospital for Sick Kids and Sunnybrook Health Sciences Centre, York Central Hospital's Central Bistro will also provide a welcome haven for patients and families during their visits to see loved ones, have medical tests and treatment, or wait with a family member while they seek care. Members of the hospital's healthcare team also enjoy the new Bistro which offers a far greater selection of foods and beverages than previously offered to staff, physicians and volunteers who often work long hours on a wide variety of shifts.

York Central Hospital (www.yorkcentral.on.ca) is a large, full-service community hospital with over 65,000 visits annually to its Emergency Department, serving a population of over 400,000 in Southwest York Region and beyond. Located in one of Canada's fastest growing communities, the hospital is on a Capacity Building Journey that focuses on using the best available practices, the newest technologies and innovative models of service to provide superior patient care. Currently, the hospital has made significant progress on Phase 1 of its major expansion which is scheduled for completion in Spring 2009, and has secured funding to proceed with the detailed planning of Phase 2 of its redevelopment. Among the many new facilities to open in the coming months are a Mental Health Patient Care Unit

with new security features to better care for at risk patients, new Intensive Care Unit double the size of the current unit, and a further expansion to the hospital's Emergency Department.

Sodexo, Inc. (www.sodexo.com), part of the international Sodexo Group, is the leading integrated food and facilities management services company in Canada, the US and Mexico, with \$9.2 billion in annual revenue and 125,000 employees. Sodexo serves more than ten million customers daily in corporations, health care, long term care and retirement centers, schools, college campuses, government and remote sites. Sodexo Canada is a member of Sodexo Group, and funds the Sodexo Foundation an independent charitable organization that, since its founding in 2001, has donated more than 400,000 free meals to at risk youth in Canada.

“We also recognize the important role that food plays in the healing process and are working with our Sodexo partners to bring a similar improvement to the quality and variety of foods available to our patients staying in hospital. We look forward to launching an exciting new made-to-order food service for patients with the coming completion of Phase One of our redevelopment later this year,” adds Whittaker.

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